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Our comprehensive range of therapy and counseling services includes the following offerings:

- Occupational therapy
- Multisystemic counseling
- Early curative education
- Early speech therapy
- Counseling for mothers and fathers
- Neonatology
- Physiotherapy
- Psychomotor education therapy / movement-emotion therapy (BEEMO therapy)

Find all details about our services in housing, work, and leisure at www.arkadis.ch.

Olten

Stiftung Arkadis
Aarauerstrasse 10
4600 Olten
Phone 062 287 00 00
Fax 062 287 00 16
arkadis.therapie@hin.ch
www.arkadis.ch

Account for donations
46-5000-6

Breitenbach

Stiftung Arkadis
Psychomotorik-Therapie
Bodenackerstrasse 9
4226 Breitenbach
Telephone 061 781 31 50
arkadis.therapie@hin.ch

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Psychomotor education



Psychomotor education therapy

Psychomotor education therapy is based on the interaction between movement and a person's emotional life. Movement and play are the central methods applied in psychomotor education therapy. Children experience and expand their motor, emotional, sensory, mental and social skills. Psychomotor skills help children to better understand themselves and to develop further by promoting pre-existing resources. The environment is also sensitized to the needs of affected children through talks and counseling.

We promote

- gross, fine, and graphomotor skills development
- trust in oneself and in others
- ability to regulate own behavior
- social skills and development of positive relationships
- dealing with feelings
- independence
- joy in movement

Our offering

The offering is aimed at children from kindergarten entry to the end of 3rd grade. Our services include

- psychomotor skills assessments;
- Psychomotor education therapy: Individually, in small groups or in large interdisciplinary groups;
- Counseling for parents and teachers.

Target groups

Children of kindergarten age and children of school age up to the end of 3rd grade with special support needs due to

- Abnormalities in gross, fine, and graphomotor skills;
- Perceptual difficulties;
- Restlessness, lack of movement;
- Social and emotional development issues.

Registration

Registration can be made via doctors, principals, teachers or parents or guardians.

Costs

Psychomotor education therapy is free of charge for parents. Funding is provided by the canton.

Movement-emotion therapy

Movement emotion therapy (BEEMO therapy) refers to the extended interdisciplinary group offering in psychomotor education therapy. Participation in this new group program requires an indication for psychomotor education therapy.

The registration procedure for BEEMO therapy is the same as that for psychomotor education therapy. BEEMO therapy is performed in an interdisciplinary manner by specialists in psychology, occupational therapy and education.