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Our comprehensive range of therapy and counseling services includes the following offerings:

- Occupational therapy
- Early curative education
- Early speech therapy
- Counseling for mothers and fathers
- Multisystemic counseling
- Neonatology
- Physiotherapy
- Psychomotor education therapy / movement-emotion therapy (BEEMO therapy)

Find all details about our services in housing, work, and leisure at www.arkadis.ch.

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Account for donations 46-5000-6

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Counselling for mothers and fathers



Counseling for mothers and fathers

The counseling service for mothers and fathers offers a central point of contact for families with infants and toddlers.

It makes an important contribution to early health promotion and preventive care.

Our offering

Counseling for mothers and fathers will accompany parents in their demanding tasks in everyday family life.

Trained specialists counsel and inform parents and caregivers on matters such as child development, nutrition, sleep, health, care and upbringing.

We offer counseling by phone, home visits by appointment and public counseling in the communities by appointment.

Target groups

Counseling services for mothers and fathers are available to all parents and caregivers with children up to the age of five.

Registration

Parents can register by phone or email.

Counseling appointments at the public counseling center assigned to the municipality of residence can be booked online at www.muetterberatung-so.ch. Scanning the QR code below will take you directly to the booking page.



Costs

The counseling services for mothers and fathers are free of charge for parents and caregivers.

